## hot spending time together?



Family Fighting? is common of a



Gunja can cause people to forget important things for family and community.



Gunja isn't our culture, it harms our spirit

Gunja can cause arguments over family lifestyle, health, chores and money.

When it is wearing off

gunja can make people angry and aggressive.

Young people are more likely to use gunja if their parents do - they might think it is 'normal' to smoke gunja. They might learn the only way to cope with

stress, grief or feeling down is to smoke gunja.

Talk to your GP or health worker about the effect gunja might have on you or your family's health and wellbeing.



















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